GROUNDSWE

VEGAN

VG VEGETERIAN GF GLUTEN FREE

D	REAKFAST SAMMIES		┞┖	LANT BASED		
VG	SIGNATURE provolone omelet, tomato, greens, sriracha - horseradish aioli (add bacon for \$2.25; sub gf toast for \$.75)	11.50		VEGAN BREAKFAST spiced tofu, black beans, ble butternut squash & onions, pickled red onions, tomato to	olend of roasted potato, s, seasoned avocado spread,	
_	egg, choice of cheese on a bacon gruyere scone (add bacon or sausage patty for \$2)	8.50		VEGAN AVOCADO TO spread, blend of roasted por onions, pickled red onion, p coulis, sourdough	tato, butternut squash &	9.50
B	RUNCH ALL DAY					12
	NEIGHBOR'S CHOICE Your choice of two: two eggs loaded hashbrowns bacon buttered toast w/ jam	11		TOFU SCRAMBLE chopotato, butternut squash & opickled onions, avocado spr sourdough toast (sub gf bre	onions, spinach, ead. Served with	16
,	 sausage roasted seasonal veggies mixed greens w/ dressing (add a third option for \$2; sub gf toast for \$.75)		GF	PLANT-BASED GRAII mixed greens, quinoa, wild r potato, butternut squash & c	ice, blend of roasted onions, sunflower	12
	OMELETS with choice of loaded hashbrowns or buttered toast with jam (sub gf toast for \$.75)	14		seeds, aged balsamic vinaign for \$1; add turkey or ham for SOUP housemade tomat	r \$2.25) o-basil soup, served with	6.50
	HAM & CHEESE ham, sharp cheddar		GF	crackers. (add mixed greens scone for \$3)	w/ dressing or a bacon	
VG	VEGGIE roasted potato, butternut squash, & onions, feta cheese		Ī	UNCH		
GF	VEGGIE HASH loaded quinoa-kale-cheddar hashbrowns, roasted potato, butternut squash, & onions, sharp cheddar (add eggs for \$2.25)	12	VG	GRILLED CHEESE gr cheddar, griddled tomato, r ham or bacon for \$2.25) Wit	multigrain (add turkey,	11
	BREAKFAST BURRITO scrambled eggs, loaded quinoa-kale-cheddar hashbrowns, roasted potato, butternut squash & onions, black beans, taco sauce, tomato tortilla. Served with	13	VG	CAPRESE MELT crea sliced mozzarella, griddled sourdough (add turkey, han With choice of side.	tomato, balsamic glaze,	12
	lime crema on the side (add bacon or sausage crumbles for \$2.25).	44.50		TURKEY CLUB turkey tomato, greens, sriracha - homultigrain. Served cold. With	orseradish aioli,	12.5
ķ	ROTATING QUICHE individually baked puff pastry, red pepper coulis, mixed greens w/dressing		VG GF	HITTER RAIC,		11
f	AVOCADO TOAST seasoned avocado spread, feta cheese, pickled red onion, pumpkin seeds, red pepper coulis, sunny side up egg, sourdough	12	L	turkey or ham for \$2.25)		
(BREAKFAST QUESADILLA scrambled eggs, cheddar, black beans, taco sauce, tomato tortilla. Served with lime crema on the side (add bacon or	11	MIXED GREENS LOADED POTAT		LOADED POTATO WED cheddar, bacon, lime cre	