

### BREAKFAST SAMMIES

- VG SIGNATURE** provolone omelet, tomato, greens, sriracha - horseradish aioli (add bacon for \$2.25; sub gf toast for \$.75) **11.50**
- EGG & CHEESE BISCUIT** scrambled egg, choice of cheese on a bacon gruyere scone (add bacon or sausage patty for \$2) **8.50**

### BRUNCH ALL DAY

#### NEIGHBOR'S CHOICE

Your choice of two: **11**

- two eggs
- bacon
- sausage
- loaded hashbrowns
- buttered toast w/ jam
- roasted seasonal veggies
- mixed greens w/ dressing

(add a third option for \$2; sub gf toast for \$.75)

**OMELETS** with choice of loaded hashbrowns or buttered toast with jam (sub gf toast for \$.75) **14**

**HAM & CHEESE** ham, sharp cheddar

**VG VEGGIE** roasted potatoes, peppers, & onions, cotija cheese

**VG GF VEGGIE HASH** loaded quinoa-kale-cheddar hashbrowns, roasted potatoes, peppers, & onions, sharp cheddar (add eggs for \$2.25) **12**

**VG BREAKFAST BURRITO** scrambled eggs, loaded quinoa-kale-cheddar hashbrowns, roasted potatoes, peppers, & onions, black beans, taco sauce, tomato tortilla (add bacon or sausage crumbles for \$2.25) **13**

**ROTATING QUICHE** individually baked puff pastry, red pepper coulis, mixed greens, orange slices **11.50**

**TOFU SCRAMBLE** chorizo spiced tofu, roasted potatoes, peppers, & onions, spinach, pickled onions, avocado spread. Served with sourdough toast (sub gf bread for \$.75) **12**

### SIDES

**ROASTED SWEET POTATOES** tossed with garlic-paprika spice blend

**GF**

**KETTLE CHIPS**

**GF**

**LOADED SWEET POTATOES** cheddar, bacon, lime crema, green onions +\$3

**GF**

**MIXED GREENS** cilantro lime, ranch, or aged balsamic vinaigrette

**GF**

### TOASTS

sub gf bread on any toast or sammie for \$.75

**VG AVOCADO TOAST** seasoned avocado spread, cotija cheese, pickled red onion, pumpkin seeds, red pepper coulis, sunny side up egg, sourdough **12**

**VEGAN AVOCADO TOAST** seasoned avocado spread, blend of roasted potato, peppers, and onions, pickled red onion, pumpkin seeds, red pepper coulis, sourdough **9.50**

**VG TOMATO TOAST** griddled tomatoes, cotija cheese, sunny side up egg, sriracha-horseradish aioli, sourdough **10**

**VG JAM & CREAM CHEESE TOAST** cream cheese, rotating house-made jam, fresh basil, sourdough **8**

### LUNCH

**VG GRILLED CHEESE** gruyere, provolone, sharp cheddar, griddled tomato, multigrain (add turkey, ham or bacon for \$2.25) With choice of side. **11**

**VG CAPRESE MELT** creamy garlic basil sauce, sliced mozzarella, griddled tomato, balsamic glaze, sourdough (add turkey, ham or bacon for \$2.25) With choice of side. **12**

**TURKEY CLUB** turkey, bacon, provolone, tomato, greens, sriracha - horseradish aioli, multigrain. Served cold. With choice of side. **12.50**

**GRIDDLED TOFU SAMMIE** chorizo spiced tofu, tomatoes, pickled onions, greens, avocado spread, sourdough. Served cold. With choice of side. **11**

**PLANT-BASED GRAIN BOWL** mixed greens, quinoa, wild rice, blend of roasted potato, peppers, and onions, sunflower seeds, aged balsamic vinaigrette (add cotija cheese for \$1; add turkey or ham for \$2.25) **12**

**VG GF G'SWELL HOUSE SALAD** mixed greens, cheddar cheese, tomato, carrot, sunflower seeds, house-made ranch (add turkey or ham for \$2.25) **10**

**VG GF CITRUS SALAD** mixed greens, orange segments, carrot, pickled onion, cotija cheese, sunflower seeds, cilantro lime dressing (add turkey or ham for \$2.25) **11**

**VEGAN VG VEGETERIAN GF GLUTEN FREE**